

Shakti Healing Evenings 2007 Schedule



I am delighted to invite you to my **Shakti Healing Evenings 2007 classes**.

Shakti is the feminine power of God, the kundalini energy at the heart of all creation. It has the power to transform all, including that which stands in the way of our healing.

At these ongoing evenings you will receive the blessings of the Divine Mother in whatever form you like, for your personal Healing and Grace. Whether it be physical, emotional, relationship or spiritual... you can receive healing on all levels.

Men and Women are invited!!!

Time: 7.15pm for a 7:30 start - 9.30pm. Each class includes **Special Blessings** using Shreshta Carol's Essential Oils, Flower Essences and Amma's blessed "pink material."

Where: [Abergeldie House Wholistic Centre](#) 548 Portrush Road in Glen Osmond. In the back on the left. In the Adelaide Street Directory (UBD) it's shown on Map 131 as the Abergeldie-St Andrews Nursing Home (the Wholistic Centre took over the building). It is just north of Gilles Road and south of Wootoona. It's in front of Seymour College, on the same side of the road.

When: Wednesdays: Sept 5, 19; Oct 3, 17, 31; Nov 14, 28; Dec 12, 2007.

Cost: \$25. Pay at the door. Go to www.oneheartbe.com for current dates.

RSVP to Carol at casher@tpg.com.au or by phone on **8379 1331**.

Please bring your own yoga mat for lying on, a pillow or cushion to sit on and blanket or rug to put on top of you when lying down. Bring a water bottle.



Shreshta Carol has been a practitioner in the world of natural healing for 25 years. She began her studies in Australia where she ran her own Aesthetician studio for 3 years. As a certified aesthetician she practiced facials, aromatherapy massage and foot reflexology. She then studied and practiced Rebirthing, Reiki, & Flower Essence Therapy while continuing her studies in Aromatherapy & consciousness work. In 1996 Carol established One Heart Healing Essentials, a company that specializes in vibrational healing products. Since May 2004 Carol has given over 3000 energy transfers to people for health and spiritual blessing.