



Seven Steps To Freedom

Do You Want To:

- ✚ Really connect with the Source of Joy within your heart?
- ✚ Be disconnected from the aspects of self that are getting in your way?

- ✚ Experience unconditional Love?
- ✚ Develop a direct relationship with your own inner healer?
- ✚ Learn how to apply seven simple steps to gain freedom from fear, the greatest barrier to living the life your spirit has in store for you. Learn a simple cranial balancing technique to keep you and your family stress free.

These seven steps all relate to enlivening and balancing the condition of your seven energy gateways known as your chakras in your subtle body.

The 4 body chakras, earth, water, fire and air are bridged or connected to your divine essence by SOUND and the ether element (AKASH) aligned with your throat chakra. Activating your heart chakra holds the key to unlock the door of your throat that leads to the Union of the male and the female principles in your BEING to bring you the EXPERIENCE of SPIRITUAL FREEDOM and the end of all suffering.

In this 7-week experiential course we will explore together the seven steps to freedom through sound, movement, and hands on healing. Each week you will receive Cranial Balancing and the Oneness Blessing that has been scientifically shown to lead to spiritual freedom through de-clutching you from the ancient mind of separation and fear and activating your new brain... your frontal cortex... with high frequency gamma waves that bring you spontaneous and causeless love and joy.

Where – 41 Waite Road in Netherby. **RSVP** on **8379 1331**. www.bhagavandharma.org.
When – Tuesday evenings, 7-10pm starting Sept 11. \$50 non-refundable deposit.
Cost - \$285 if paid all at once. Limited to 8-10 students. Certificate given.



Facilitator – **Dr Robert March, BS, ND** – With 37 years of experience assisting thousands of students in the in the fields of massage, polarity, vibrational healing, Sufism, Vedanta, Gnostic studies, chanting, meditation, chakra development and energy anatomy, Dr March shares his wealth of wisdom and experience for your spiritual growth and personal development. Dr March was among the 1st group of westerners to attend the 21-day process in Golden City south India with Sri Amma Bhagavan, the wife & husband team of Oneness Avatars.