



Dear One Heart friends,

Venus went retrograde in Scorpio on October 8th and will stay there until November 19th.

What does this mean and how does this affect us?

This is a time to heal and finalise lingering and unresolved issues and situations from the past, so that we can successfully move on to create our lives with a new energy.

According to my astrologer this is THE opportunity and time frame where universal energy is supporting us to delve into the past, to discover the reasons WHY life may not be unfolding as planned, concerning our health, our relationships, our finances, our career and in our family life.

To support you to take advantage of this special energy for your process of unfoldment, NOW is the "right time"!

I am offering **\$25 off my Akashic Record Readings!** Instead of \$120 the **Akashic Record Readings from now until end of November are \$95.** The reason I am offering this is that the AKASHIC RECORDS are THE place to go when seeking insights and information from ones past, this life and previous.

Everything about us is stored in the Akashic Records. You can consult the Records for ANY information about yourself and people who have affected/influenced your life. You will be given answers to the 'why's and 'what's of the past, which lead you into the present, enabling you to accept and to let go or take correct action! As such it is a great medium to receive answers and get clarity on past events in your life.

As you may know, I have been reading the Akashic Records and consulting for 12 years now, and have given over a thousand readings. They have proved to be so helpful for every person who has had a session with me.

I do the readings over the phone and via Skype, or in person, so you can have your reading in the comfort of your own home. Email me at oneheartbe@tpg.com.au or call me on **03-98407791** to book your appointment.

For more information go to my website and [Click here](#).

The suggested **One Heart Flower Essences** which support this resolution and letting go process are:

Blue Gromwell – **Let Go & Surrender** ☺... speaks for itself

Elegant Bindweed – **Moving On**... finally being able to "stop the bleeding heart", let go and move on

White Valerian - **Heart Wisdom**... being able to forgive

Pink Valerian – **Heart Balm**... being able to release and heal old and deep heart wounds

Red Valerian – **Heart Renewal**... embracing ones passion for life again

Long Lipped Serapias – **Remembrance and Freedom** – reconnects us to our true DIVINE self and heals our bloodline

Sanfoin – **Hope and Faith**... being able to re-connect and trust in life again – trust the process, you can heal!

Honeysuckle – **Trust The Feminine**... allowing ones intuition and feminine qualities to guide you

Alfalfa – **Communication & Communion**... opening ones inner vision to connect with higher guidance and insights

Delphinium – **Help & Guidance**... inviting the support and help of your guides for your process.

The essences retail for **\$16 each** and are stock/concentrates, which means that you can dilute them and make up to 80 single dosages from each one. All you need to make a single dosage remedy is to put 4 drops of the stock in another pre-prepared bottle in which contains a ratio of 20/80 alcohol or water. If you will use the remedy within a few weeks, then there is no need to add the alcohol. They are also safe and wonderful for children and pets, with no side effects.

Call or email me if you need ANY advice or recommendations concerning the essences, and also for any supportive essential oils.

[Book your Akashic Record Reading](#) now to experience your great shift!!!

Many blessings to you,
Shreshta Carol

